

shape changers

- *Promote immediate long term inch loss,
- *Target problem areas buttocks, thighs, stomach, calves, chest, arms, necks
- *Suitable for men and women
- *Can visibly reduce the appearance of unsightly cellulite and stretch marks
- *Retone and tighten loose skin
- *lessen the signs of ageing around the neck and under arm

Shape Changers Detox wraps are made up of unique formulations containing special amino acids that promote extended inch loss benefits. To the formulations we have added aloe vera which helps tighten and tone the skin. When applied to the skin the wrap formulation draws toxins from the pores while keeping the skin healthy. The bandages compress the skin, pushing it back into place after the toxins are withdrawn resulting in safe, natural inch loss

FULL BODY £55
Block Booking of 3 costs £150

HALF BODY £45
Thighs, Buttocks, Hips, Waist and Stomach
if you want upper arms or chest lifted will cost £4 per single treatment
Block Booking of 3 costs £120

- *Bring spare underwear
- *Drink at least 1 litre water before the treatment
- *NO perfumed showers/baths/creams - just bath/shower with water and a natural soap before and 8 hours after wrap.

Top Tips
for successful detoxing and maintaining inch loss

- DON'T eat large meals after 6.30 pm
- DO drink at least 10 glasses of water a day to help cleanse and rid your body of toxins
- DO limit salt, sugar and caffeine intake
- DO avoid carbonated beverages, sweets and starches. (Carbonation holds over 70% of toxins)
- DO cut down on animal fats. Fibre and complex carbohydrates are excellent substitutes
- DON'T shower/bath before the wrap for 6-8 hours after. Soaps, lotions and creams clog the pores of the skin and will hinder the effectiveness of the wrap.
- DO dry skin brush every day before your bath to firm, tone and tighten skin
- DO light to moderate exercise at least 2-3 times a week

V- VEIN BEAUTY

THE FIRST IN SCOTLAND REPLICATING THE HIGHLY ACCLAIMED VEINWAVE PROCEDURE USED IN MEDICAL PRACTICE THAT WILL VANISH THREAD VEINS, INTRA & OUTER NOSE VEINS, RED SPOT AND ROSACEA UNLIKE LASER, IPL, LHE OR ELECTROLYSIS V-BEAUTY CAN BE APPLIED TO ANY SKIN TYPE OR COLOUR WITH NO RISK

1ST TREATMENT £170
2ND TREATMENT £120
3RD TREATMENT £80

IF YOU NEED MORE THAN 3 TREATMENTS PRICE WILL STAY AT £80

SINGLE THREAD VEIN £75

OUTER NOSE VEINS £75 3 veins at most
INNER NOSE VEINS £75 3 veins at most
WHOLE AREA OF THE NOSE £140 may need

THE DIAMOND MICRO-DERMABRASION GENTLE RE SURFACING FACIAL FOR BOTH MALE AND FEMALE

A **GENTLE** and relaxing facial exfoliation treatment which removes dead skin cells, eliminates blocked pores Black heads and white heads.

The Micro-dermabrasion treatment soothes lines, wrinkles, scarring and stretch marks achieving a smooth, radiant and glowing appearance.

The treatment works with a fine stream of crystals and organic grains which are gently propelled onto the skin's surface. At the same time, exfoliated skin and used crystals are hygienically vacuumed away revealing rejuvenated and renewed skin.

40 mins £45 course of 3 £130 course of 6 £240

FOR THE ULTIMATE WOW FEEL AND LOOK FANTASTIC FACIAL EXPERIENCE I WOULD RECOMMEND COMBINING BOTH THE DERMABRASION AND THE OXYGEN

COMBI TREATMENT 1 £60 saving £30
COMBI COURSE OF 3 £170 saving £100
COMBI COURSE OF 6 £285 saving £255

DIAMOND OXYGEN FACIAL

Oxygen facial treatment gently pushes oxygen and high performance cosmetic formulations deep into the skin via a no needle injection (pressurised jet of oxygen).

They travel through the interstices between the cells of the epidermis cells (bio-matrix) down to the deepest layers of the skin where they can achieve the desired effect

To promote tissue regeneration, Essential protection from environmental hazards and intense hydration vital for radiant skin.

THE BENEFITS

Provides safe and effective no needle oxygen therapy treatments for:
Reduction of fine lines & wrinkles, Sun damaged skin
Smokers skin, Acne, Pigmentation, Loss of elasticity

40 Mins £45 course of 3 £115

DIAMOND FACIAL POLISH 40 mins £43 course of 3 £104

This facial is ideal for brides or for a big event the gentle exfoliation of the organic grains will leave your skin glowing fresh and radiant looking ideal treatment just before that special occasion because make up can be applied straight after