

## ShapeChangers' Detox Wraps

Promote immediate **long-term inch loss**

### Target problem areas

buttocks, thighs, stomach, calves, chests, arms, necks

Suitable **for men and women**

Can **visibly reduce the appearance of unsightly cellulite and stretch marks**

**Retone and tighten** loose skin

**Lessen the signs of ageing** around the neck and under arm

They are not water loss wraps, they work by removing toxins to promote inch loss.

## Top Tips

for successful detoxing and maintaining inch loss

DON'T eat large meals after 6.30 pm

DO drink at least 10 glasses of water a day to help cleanse and rid your body of toxins

DO limit salt, sugar and caffeine intake

DO avoid carbonated beverages, sweets and starches. (Carbonation holds toxins in)

DO cut down on animal fats. Fibre and complex carbohydrates are excellent substitutes

DON'T shower/bath before the wrap OR for 6-8 hours after. Soaps, lotions and creams clog the pores of the skin and will hinder the effectiveness of the wrap.

DO dry skin brush every day before your bath to firm, tone and tighten skin

DO light to moderate exercise at least 2-3 times a week. Walking is a great body boost!

## QuickShape by ShapeChangers

An advanced speedwrapping service for clients who want to lose excess inches, tighten, firm, lift and sculpt their bodies in just half an hour. This amazing wrap draws toxins from in and around the fat cells, then flushes them out through the body's lymphatic system - promoting instant inch loss and improved skin tone. The wrap also contains Vitamin C and Coenzyme A to aid the rapid break-down and elimination of fatty deposits causing cellulite.

The scientific formula behind the QuickShape Wrap by Shape Changers is the result of years of research, and it contains the highest quality natural ingredients such as Aloe for optimum moisturising, Dandelion to cleanse, Rosemary, a powerful antioxidant, and Witch Hazel, which revitalises dull skin.

Professionally trained therapists will measure you pre-and post-wrap for inch-loss. They will wrap bandages containing a small amount of the formulation, distilled to its purest level, firmly but not tightly around your problem areas. When the bandages are removed after 30 minutes, your skin will feel tighter, smoother and softer. It's mess-free too, so there's no need to shower.

This inch-loss wrap is not based on dehydration/water loss so you don't regain inches when taking on fluids. Rather, clients are actively encouraged to drink water afterwards to keep flushing the toxins out, and the inches should stay off providing you don't gain weight.

The wrap is great for trimming and firming legs, bottoms, hips, arms; reducing the effects of ageing; perking up breasts; and diminishing stretchmarks.

## ShapeChangers' Original Detox Clay

Shape Changers' Original detox wrap is ideal for slimming and firming legs, bottoms, hips and arms, reducing the effects of ageing, perking up breasts and diminishing stretchmarks.

Plus, it aids the rapid break-down and elimination of fatty deposits causing cellulite...perfect preparation for beach bums everywhere!

Just one treatment helps bust inches, tighten, firm, lift and sculpt your body. The unique formula uses sea clay, distilled to its purest level, to draw toxins from in and around the fat cells, then flush them out through the body's lymphatic system - promoting instant inch loss and improved skin tone.

This inch-loss wrap is not based on dehydration/water loss so you don't regain inches when taking on fluids. Rather, wrappers are actively encouraged to drink water afterwards to keep flushing the toxins out, and the inches should stay off providing you don't gain weight.

## ShapeChangers' Aromawrap Detox Clays

The Aroma Wraps feature special essential oils infused into a unique Sea Clay formula to transform body shape and enhance the experience with a few surprise extras.

**The Orange Wrap** – these fruity orange oils will lift spirits, brighten dull complexions and encourage sleep.

**The Rose Absolute Wrap** – using the essential oil of Rose Absolute, the wrap soothes, tones, cleanses, uplifts the spirit and boosts confidence as well as being good for thread veins. The sensual and aphrodisiacal properties of the oils will make you really love this wrap!

**The Chocolate Wrap** - Imagine wrapping yourself in pure chocolate, breathing the heady scent of cocoa and indulging the hedonist in you...safe in the knowledge that your experience is not only healthy, but will actually leave you trimmer and firmer!